



2008 BC O Championships Sage Stomp XXIII Orienteering Meet

May 17th –18th 2008

Day 1: Stake Lake Map, Kamloops, Sprint and Middle **Day 2: McQueen Lake Map, Kamloops, Long**

Registration: You must register on line using this link http://www.sporg.com/pom/registration?cmd=event_info&event_id=106684 or the link on the Sage web site at <http://www.orienteingbc.ca/sage>. If you wish, you can send a copy of your entry with a cheque in Canadian funds to **Sage Orienteering Club** c/o Peter Gray, 1352 Pine Street, Kamloops, BC , V2C 2Z1. Enquiries to the meet director at vyse@telus.net.

Courses and classes: 4 courses for the sprint and 8 courses for the middle and long (see the table at the back of this announcement).

Fees: Early registration event \$15 for adults, \$7.50 for juniors until May 11th ; a \$5/event surcharge will apply after the 11th, up to the 16th. Registration available on the day of the events for an additional \$5. SI Cards must be used; they are available at no additional charge at the meet site.

Accommodation: Camping is available at the Knutsford campground (250-372-5380) and various undeveloped sites close to the maps. Camping is also available at the Paul Lake and Lac Le Jeune Provincial Parks <http://www.env.gov.bc.ca/bcparks/explore/explore.html>. All sites will be busy. Kamloops is 30 minutes from all map areas and has a wide variety of hotels and motels. You can inspect choices on-line at <http://www.tourismkamloops.com/> , and <http://www.hellobc.com/> , which uses Google map.

Child care: Child care will not be available.

Orienteering Association of BC AGM: The AGM will be held immediately following the Awards for the Sprint and Middle events in the Stake Lake Trails Day Lodge on Saturday May 17th.

Banquet and food: A banquet has not been organized but there may be a group booking for those who wish to dine in Kamloops. More details will be sent to registrants. Light refreshments will be available at the finish.

Visit our web site at <http://www.orienteingbc.ca/sage/>

Day 1 Sprint and Middle Distance

Event Location: Stake Lake Ski Trails

Directions: the trails are 25 minutes south of Kamloops on the old Logan Lake Highway, now known as the Lac le Jeune Rd. From Kamloops or Cache Creek take exit 366 and follow the Lac Le Jeune road west and south. From Vancouver, take exit 336 on the Coquihalla Highway and follow the old highway east and north for about 6 km. Parking is in the Ski Trails Parking lot. There is a 600m walk to the Start and Finish. The Day lodge at the Parking lot will be open.

Sprint Start: First start will be at 1 pm. Courses close at 3 pm. There will be no start times assigned.

Middle Start: First start will be at 3pm. Courses close at 5 pm. There will be a chase start.

Map: The map was produced in 1999 with revisions in 2007 and 2008. The scale for the sprint will be 1:5,000 and 1:10,000 for the Middle.

Courses: Winning times will be based on COC standards

Electronic punching: the SI system will be used. SI cards are available at no additional charge.

Day 2 Long Distance

Event location: McQueen Lake

Directions: From Kamloops, drive west from Downtown following the direction signs across the South Thompson River to North Kamloops and the Airport. At the junction with 8th Avenue, turn North following the signs to Westsyde. After 1km there is a major junction. Keep North to Batchelor Drive which becomes Lac Du Bois Road. Follow the road to the 15km sign. The route will be marked from the major junction. Parking is by the road. There will be a 1km walk to the finish area.

Start: First start at 10:00 am.

Map: The map was first produced in 1980 with revisions in 1999 and 2008; scale will be 1:15,000 for courses 7 and 8 and 1:10,000 for remainder

Courses: Winning times will be based on COC standards

Electronic punching: the SI system will be used. SI cards are available at no additional charge.

Event staff:

Meet director – Alan Vyse

Registration: – Peter Gray

Planners: Sprints and Middle -- Alan Vyse; Long -- Murray Foubister

Controllers: Sprints and Middle-- John Rance; Long -- Brian Ellis

Results: They will be available on the Sage website a.s.a.p. after the event.

Meet Waiver: all participants must sign the meet waiver before starting.

Visit our web site at <http://www.orienteingbc.ca/sage/>

2008 BCOC and Sage Stomp XXIII

WAIVER OF RESPONSIBILITY

IF YOU DO NOT FULLY ACCEPT THE FOLLOWING CONDITIONS AND DO NOT SIGN THIS WAIVER, YOU WILL NOT BE PERMITTED TO PARTICIPATE IN THIS EVENT.

I, the undersigned, know that Orienteering, as an outdoor action sport, carries significant risk of personal injury. I know that there are natural and man-made hazards, environmental conditions, and risks, which, in combination with my action, can cause me serious, or possibly even fatal, injury. I agree that I, as a participant, must take an active role in understanding and accepting these risks, conditions, and hazards. I also agree that I, and not the organizers and officials of this event, Sage Orienteering Club of Kamloops, the land owners or managers, or any sponsors, am responsible for my safety while I participate in this event.

Name (please print) _____

Signature _____

Parent or guardian must sign if entrant is under 18

_____ Date

Fees

Entry fee total for Day 1 _____; Day 2 _____;

E-card rental fee _____

TOTAL _____

Classes and Courses for BCOC 2008

CLASS	SPRINT (4 courses)	MIDDLE (8 courses)	LONG (8 courses)
M and F 12	1	1	1
M and F 13-14	1	2	2
M and F 15-16	3	3	3
F17-20	4	6	5
F21-34	4	7	7
F35-44	3	6	6
F45-54	3	5	5
F55-64	2	4	4
F65+	2	4	4
M17-20	4	7	6
M21-34	4	8	8
M35-44	4	7	7
M45-54	3	6	6
M55-64	3	5	5
M65+	3	4	4
M and F O1	1	1	1
M and F O2	1	2	2
M and F O3	2	3	3
M and F O4	2	4	4
M and F O5	3	5	5