

## 2015 Annual General Meeting of the Kootenay Orienteering Club

Place: Mark Creek Mall, Kimberley

Time: 7:00pm

- Call to Order
- Acceptance of the minutes of the Previous AGM - 2014
- President's Report
- Treasurer's Report
- Membership Report
  - Pursuit of Excellence Report
- Mapping Report
- Junior Development Report
- Round the Mountain
- Trail Running Report
- Election of Officers: President, Vice-President, Treasurer, Communications & Membership, Trail Running, Junior Development, Directors at Large
- New Business
  - Signing Officers
  - Change of timing of Annual General Meeting to the Fall
  - Upcoming Events Review
  - Major events for 2016
  - Round the Mountain
  - Turkey Run-off 2015
- Adjourn
- Kick Back

Refreshments and snacks will be served.

We encourage everyone to attend that has an interest in the club's events and activities. The Kick Back will be a chance to offer your input and ideas, get to meet others, get involved.

During 2014/2015 Kootenay Orienteering club organized or was involved in the following:

- Round the Mountain
- Turkey Run-off Snowshoe Race
- Kimberley Nordic Ski Orienteering Event
- 2014 BC Orienteering Championships
- Spring Orienteering Training Camp
- JulyFest 5K / 10K
- Hoodoo Fiver
- Junior Adventure Runners
- Monday Night Trail Runs
- Thursday Night Orienteering
- Development of a number of Kimberley Trail maps and Kiosk signs

**2015 Presidents Report – Jim Webster**  
**Kootenay Orienteering & Trail Running Club (KOC)**

Since our last AGM in the spring of 2014, the club has again achieved a huge amount with a small but strong and dedicated group of volunteers leading the way. This will be my last term as president and I'm proud of what has been accomplished over the past few years. I look forward to continuing to work on events and with the new Board as we move forward.

In September 2014 we hosted a very successful BC Orienteering Championship with participants from across BC, Alberta and the NW USA. Again the community came together to support us with almost 70 local volunteers lead by Chris, Ron, Toni, Jane, Kuba and Juri, who took on leading roles as course planners and event controllers.

A spring orienteering training camp followed this in May 2015, hosted by Kuba and Nadyia, in Windermere. The camp drew almost 60 participants.

Once again KOC was one of the key organizers for Round the Mountain, with 2015 seeing the largest number of participants yet with over 475 registered. In the last five years RTM has generated almost \$40,000 for local outdoor clubs and trail development projects in Kimberley! Round the Mountain now draws participants from over 45 locations with 100 dedicated volunteers and over 60 supporting businesses, making it a special day for all those participating.

Naomi and Paddy have turned the Monday Night Runs into a fixture event for a dedicated group of local runners with between 10 and 20 plus an equal number of dogs out each week.

Each spring we host a series of TNTs: Thursday Night Orienteering Training events, which average over 20 participants each week. The addition of first time organizers John, Maureen, Jo Ellen & Dave made the job of organizing that much easier for regulars, such as Wakana.

Our junior development program continues to grow into one of the most active in BC and the credit goes to Toni and Nigel, who have dedicated hours into developing a strong program and a top group of junior orienteers. Toni's enthusiasm and dedication to orienteering and junior development has been a real inspiration and I wish to thank her for her hours of work in this area. I look forward to being there when they participate next summer at the Canadian Championships in Alberta.

As president you can only be as successful as the team around you and I'd like to thank Susan, who keeps me focused and does such an excellent job tracking membership, event stats and keeping our members informed. This also goes for Ron, who continues to keep our finances in order and never lets me spend too much.

A special thanks to Daz, who will be stepping down after five years on the Board. He was with me when we set up the first Facebook page and websites. It was he who first suggested that Kimberley needed a new event to highlight the Round the Mountain trail. Look where that idea went! He leaves us to focus his time and efforts with the Kimberley Trails Society.

I feel honoured to have been able to have such a supportive team over the past 5 years and look forward to more great things for the club in the future, and what it brings to the Kootenay Region.

**Kootenay Orienteering Club  
Treasurer's Report  
AGM – November 2015**

The financial statements presented cover two periods, in comparative columns, since those provided at our last AGM. A statement of revenue and expenses for our fiscal year from April 1, 2014 to March 31, 2015 (right column) and for the most recent seven months ended October 31, 2015 (left column). Also a balance sheet showing assets and liabilities held at the end of each period. There are also explanatory notes attached giving more detail on some amounts.

**On the Balance Sheet:**

Of note, is that we have accumulated quite a large amount of available funds over the years (General Surplus \$17,000). This is primarily due to the **great planning and management by event organizers!** (RTM since 2012?, NAOC 2010, BCOC 2014, Other?). It seems that some consideration should be given as to how these funds can be used to further the club and or benefit the community (or other initiatives).

**On the Statement of Revenue and Expenses:**

Events income has decreased between the two periods, largely due to:

- BCOC income (\$1,795) in 2014-15; event not held in 2015
- profit sharing payout for RTM in increased by \$1,000 in 2015.
- expenses for RTM were higher in 2015.

Grant Revenue decreased by \$4,750. In 2014-15 KOC received a mapping grant (\$4,500) from OABC for mapping projects in preparation for the BC Orienteering Champs. You will note a corresponding decrease in Mapping Expense

Decrease in Office Rent reflects only 7 months to Oct 31 vs 12 months in 2014-15.

As noted above, our fiscal year runs from April 1 to March 31. Since most of our activity is in the summer, the finances for those activities don't get reported until the following calendar year (i.e. RTM 2014 gets reported in the March 31, 2015 financial statements). This may cause confusion for some (me for one!). Perhaps we should consider changing the fiscal year to the calendar year?

If you have any questions re the financial statements, please ask.  
KOC Treasurer, Ron Monk

## KOC 2015 Report on Membership & Event Stats

Current membership for 2015 = **636**

(2014 total 588, 2013 total 552)

A healthy increase in membership numbers this year.

Turkey Run-Off	51
Hoodoo Fiver	28
Spring Training Camp Day 1	54
Spring Training Camp Day 2	54
Nordic Club TNT	42
Fraggle Rock TNT	19
Kimberley Alpine Resort TNT	21
Sylvan Lake TNT	12
Kettle Lake TNT	12
Swan Avenue TNT	22
Round The Mountain	486
Dusty Downhill	44
JulyFest 5 / 10k	22
Swansea Scramble	11
JARC	16
Monday Night Trail Running	About 400
14 events + JARC 6 events + 50 Monday night runs = 70 events total	<b>About 1300</b>

### KOC 2015 Report on Pursuit of Excellence Grant

\$2000 allocated for 2015:

1. Paddy Humenny	\$260
2. Jim Webster	\$300
3. Naomi Humenny	\$300
4. Jo Ellen Floer	\$150
5. Jakub Sumbera	\$300
6. Melissa Howe (Daniel Howe & Mackenzie Mclean)	\$190
7. Laura Holmes (David & Megan Holmes)	\$100
8. Toni Kitto (Toni & Christopher Kitto)	\$190

TOTAL \$1790

A successful inaugural year for our POE grant!  
Do we want to continue to offer this grant in 2016?

## KOC Mapping Report 2015

Mapping activity was less than 2014 where there was a push for the BC Championships. Some improvements were made to the Kimberley Alpine Resort map and the Invermere Sprint map for the spring training camp we hosted.

This year the COF took a lead at facilitating the hiring of foreign mappers that worked out well for other clubs in BC and Alberta. We may try and take advantage of this for the 2016 mapping season. Some potential projects include expanding the Swan Avenue map, as well as Forest Crowne. May try and get an updated base map for the Cranbrook Community Forest (Sylvan Lake map) to update it.

The club has recently purchased two field tablets that will make it much easier to carry out mapping directly into OCAD. The map file server has been converted to DROPBOX, instead of the former version control system.

### 2015 Junior Adventure Running Clinic Summary

This was the 3rd JARC. A total of 16 juniors, ages 9-15, participated in the 6-week program starting 26th September 2015, on Saturday mornings from 10:12noon. The focus of JARC was to enhance and improve upon cross country running and orienteering skills. This year the program was expanded to incorporate 3 skill levels: Level 1 -beginner; Level 2 -intermediate; and Level 3 -experienced.

Prior to JARC I provided 7 school and 1 club sessions with a total of about 190 students participating. All the juniors that signed up for JARC had previously attended JARC or had participated at one of the introductory sessions.

The cost to register for the JARC was \$60, which included: 5 weekly clinics; 1 event hosted by FWOOC at Alkali Lake, KOC Membership for 2015/2016; Adventure Runner T-shirt.

#### Promotion

Facebook JARC Event Page & Kimberley Trail Runners and Orienteers; Posters and flyers; School & club intro to orienteering sessions; email to all previous JARCers and their parents.

#### Week 1 -Swan Ave

Registration Presentation by Sonja Seher from Wild Safe talking about bear & cougar safety and demonstrating the use of bear spray. 2km trail run. Revision of orienteering basics: Walking clinic: orienteering map to north without compasses; interpretation of terrain features on map; map colours and symbols using IOF chart. L3, as they knew the area, paired up taking turns to do a memory course.

#### Week 2 -Run the Wild

Saturday 4-hour adventure running event at Double Duck/Eager Hills and 5 JARCers and one other Kimberley youth as well as myself represented KOC.

Sunday - Point to Point event at Alkali Lake located between Wasa & Premiere Lakes. Training exercise using compass bearings on Course 2 (off trail).

#### Week 3 -Nordic Centre

2km trail run to top of K2. 3 courses with L3 doing Dog Bones; L1 and L3 revisited orientating map to North, using compass. L1 course followed linear features and L2 had choice of trail running or using compass bearing to xc run between controls. Debrief.

#### Week 4 -Downtown Kimberley

L1 & L2 did a walk/run clinic from Platzl through Mining Railway up Nurses Trail to Lindsay Park. L3 took a longer trail run incorporating the stairs. We all met at Lindsay Park. L1 undertook BCOC 2014 Sprint Course

1, L2 undertook Recreation 3 course 2.6km adventure running; L3 undertook Course 5 -most difficult. Debrief.

#### Week 5 -Kimberley Alpine Resort Base

Very thankful that Chris Bullock was available to coach L3. Started with an easy flat pavement run finishing with hill repeats. L1 & L2 undertook same course with L2 doing point to point course backwards. Focus was on correct control placement/location. L3 headed off before L1 & L2 competing with each other to set the course. Debrief.

#### Week 6 -Nordic Centre

3km trail/xc run to top of Cardiac Arrest. Along the way we practiced pacing and guessing 100m distances along Centennial. Map quiz as well. What colour? What would the symbol be? Contour lines. Scales. L1 -point to point following linear features; L2 off trail and use of compass; L3 3.6km. Dog Bone event. Hot chocolate/debriefing and handing out JARC t-shirts.

#### **Challenges:**

For weeks 1-4, I was the only coach and it was challenging to manage 3 different groups with different skill levels and abilities. Old maps. Losing equipment -1 SI stick lost.

#### **Highlights:**

Everyone had fun. Seeing the development of running and orienteering skills. Hot chocolate and cookies after each clinic. Nigel assisting with set up/takedown; refreshments and equipment. Having Chris available for Weeks 5 & 6. Run the Wild event hosted by FWOC. Adventure Runner t-shirts.

#### **Changes for 2016:**

Another coach (or 2). Alternate between Kimberley & Cranbrook. Expand to 30 participants. More school / club sessions in Cranbrook prior to next program. Change name to Adventure Runners.

### **Report: Trail Running Activities & Events**

KOC events this year specific to trail running were as follows:

Hoodoo Fiver with 28 participants (up from 21 in 2014);

JulyFest with 22 participants (down from 31);

Swansea Challenge with 11 participants (down from 35);

Dusty Downhill with 44 participants (down from 100+).

Participation in paid events does seem down this year, unknown why.

Monday night run has been well attended, with some new runners this year. I would guess we estimate 8 per run, but have had 12-15 on occasion. I have heard a few people don't return because they find the pace a bit challenging, but not enough to warrant trying to find a second run leader, in my opinion. We have also met a few Sundays as a group for some longer runs, but don't intend to make it a weekly event.

We did group up with the Bigfoot Club for a Sunday group run Round the Mountain and all had a great time. We may do a similar event next year where we meet in Cranbrook.